



...putting eNeRGy into opportunities sm

NRG News

2009

Career Point Center is open and ready

Career Point Center of Kansas City, a value added service of Nash Resources Group can help you in so many ways in your career search.

You may reach **Career Point Center** through the offices of NRG 8:30 am to 5:00pm Monday through Friday. The telephone number is (816) 931-8988.

Career Point Center offers proactive programs for individuals during a transitional period. Programs include career counseling, resume writing, and seminars.

Career Point Center of Kansas City provides instruction and assistance in the following area: interview training, insights and assessments, career counseling, resume and cover letter writing and posting, Internet and job search techniques, and seminars, one-on-one, and in a group.

The **Career Point Center** faculty is comprised of a team of experts. Mary Lou Nash Herrera, President and CEO of Nash Resources Group, has a distin-

guished 25 year career in the staffing industry. She has earned the trust and admiration of business owners throughout the country. Known as a veteran in the industry, she speaks at professional events and gives seminars on recruiting, placement, and "the search". Her motto: "Don't Quit—The Glass is Always Half Filled."

Garrett H. Gardner, Founder and President of FULL VOICE, a vocal communication and image adjustment firm in Kansas City trains people to sound confident and positive. He has helped corporations and individuals develop better client service, teamwork, and conflict resolution. Mr. Gardner is a Certified Management Consultant.

Brett Hettrick is an expert in the Human Resources industry with over 20 years experience. His client roster includes Black & Veatch, The Kansas City Royals, and STAPLES. Hettrick has presented seminars around the world in person and via the web.

Career Point Center is waiting to help you!

The Future ?



We here at NRG are optimistic in spite of the large - job losses in the Kansas City metro area, there are hopeful signs on the horizon. The real estate market is beginning to pick up, mortgage rates are still easing, and we are seeing continued demand in certain job sectors.

The sectors we are seeing a steady demand in are these; health care, especially nurses, nurses aides, customer service representatives, retail customer service representatives, and retail sales representatives.

According to our interpretation of available sources the stimulus package will spark the

following sectors on a national level; education, infrastructure projects (roads, bridge repairs, engineering), new mass transit projects, and alternative -energy projects, either build or retro-fit more efficient buildings.

Here at home in the KC Metro we will be looking for growth in the following sectors: construction, technology, positions dedicated to training workers to use new technology, retro-fitting government and other public building for energy efficiency, and development and training in the use of alternative-energy technology.

Our advice for the future is keep current with your skills and be willing to make changes if necessary.

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From Mary Lou...

2009 AND BEYOND...

Being in staffing (IT, Professional, Accounting and Administration) for almost 25 years—2009 is a challenge not just for staffing companies but all companies..

Nash Resources is positioned to handle this challenge. We have initiated a quality program for all our contractors. Every contractor will be certified and prepared to begin his or her assignment. **Quality will set us apart from our competitors.**

So what are we doing in 2009?

1. Keeping relationships with previous clients,
2. We are bidding on more government contracts.
3. Cold Calling new clients while making sure our current clients needs are met .

Career Point Center is a value added service. We can provide the career counseling, resume writing, and interviewing skills that an individual needs in a job search. Corporations can offer our services to

their laid off employees. These individuals can choose what they need and when they need it.

I am excited about our new services. Visit our website www.careerpointcenterkc.com . Just call to set up an appointment

My family and friends are doing great. I am very busy preparing for the Kansas City half marathon. Hope to join other NRG employees who are now in the discussion phase of running. It is always a huge challenge to prepare yourself—mentally and physically for a marathon..

Center For Spirit At Work

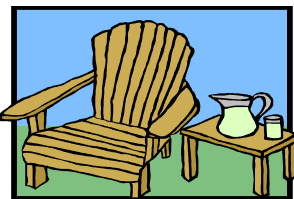
On October 16, at the Westin, there will be a luncheon in support of the Center for Spirit at work. Awards will be given to local companies. The Center will give a “Bud Fiedler Award” honoring the achievements of a local individual.

Msgr. Fiedler is one of the founders of the Center. If you would like more information, please give me a call or visit www.centerforspiritatwork.com .

LIFE IS GOOD.

MY GLASS IS ALWAYS HALF FULL.

Are the long, hot, dog days of summer and a fruitless job search leaving you worn out and in need of a cold beverage?



Well, Sparky, the answer is here! NRG to the rescue! While we cannot quite claim to be Superman or Green Lantern we can claim to have a very successful track record in placing temporary staffers, temp-to-perm staffers, and making permanent placements.

We work with a multitude of companies in the greater Kansas City metropolitan area and also nationally. NRG has placed people in positions from Virginia to California.

With Congress having acted on the President’s stimulus packages, national , state, and local governments readying their plans and private industry gearing up for the large cash flow; now is the time to make your move and register with NRG. Let us do our best for you and be the cool, refreshing glass at the end of your job search.

SILVER FOX MERGES WITH NASH RESOURCES

In May 2009 Silver Fox, a staffing agency for the seasoned professional, joined with Nash Resources.

Karl Roscoe, VP of Client Development, is now working at the Nash Resources offices. Karl will be working with Silver Fox’s database of mature, experienced workers who can meet our clients needs. He will use his experience to match skill sets with employers who understand the value of hiring professionals.

Karl will, also, be working with Career Point Center. Give Karl a call and let him get your career back on track.

Quality Changes for Nash Resources Group

At NRG we strive for excellence in our employees and in our service to our clients. To this end we have started our 11 point system of "one to one Communication".

1. **Attendance**
2. **Conduct**
3. **Grooming & Dress**
4. **Attitude**
5. **Pride**
6. **Timely Record Keeping**
7. **Skill Sets**
8. **Success for the Client**
9. **Communication**
10. **Confidentiality**
11. **Have Fun**

We have one to one communication with each new contractor.

Attendance has a direct effect on performance; the employee's and the client's.

Conduct is a central personnel policy at NRG. Each and every employee is required to conduct business within all current applicable laws.

Good grooming and dress for men and women is always stressed. Any extremes in fashion are discouraged.

Attitude should always be positive. This carries a person through business life as well as personal life.

Pride in progress and in performing well are important. Self confidence comes from pride in a job well done.

Timely record keeping is the responsibility of each NRG employee, no timesheet, no paycheck.

Skill sets are those experiences, that knowledge, and the personal traits that can bring you success.

Success is much like an evolving journey for the employee and the client. Taking risks, making opportunities, planning, being pa-

tient and motivated helps you stand out.

Communication - You must communicate effectively: by listening and speaking.

Confidentiality is a key component in today's workplace. In today's ultra competitive market place any mishandled information may give a rival the leading edge.

Have fun, what do we mean here? If you look you can find fun in any job: create competition; as Nike says "just do it"; keep score with yourself; what about team work; take a short break; separate large tasks into smaller parts; do good work, and doing it right the first time is always best.

NRG believes that by implementing our new training plan we will be better able to serve our employees and our clients to the best of our ability.

COME JOIN US AS WE MOVE FORWARD !

Healthy Ideas for You

Slice vegetables in large pieces; they will not lose as many nutrients.

Avoid excess sugar in coffee and tea.

Drink basil water everyday, it helps keep throat infections and coughs away.

For minor rashes on the skin, add a few basil leaves to your bath water.

Chewing a whole clove is a quick breath freshener.

Oil of clove applied to a sore tooth is a temporary pain reliever.

If your skin is exposed to one of the poison plant varieties, wash the area with Fels-Naptha soap as soon as possible.

Coca-Cola Syrup calms an upset stomach.

Quick relief for acid indigestion: one teaspoon of bicarbonate of soda dissolved in eight ounces of water and swallowed quickly.

Onions are a great tonic for your nerves; eat them raw or cooked.

Canned tomatoes are an excellent source of lycopene, a powerful antioxidant.

PREDICTIONS FOR IT INDUSTRY

From NAW Smartbrief

CIOs project IT staffing for the third quarter of 2009 will continue in some regions and industries. In the South Atlantic Region, 11% of CIOs say they are hiring.

For the transportation, communications, and utilities industry, 14% of CIOs say they are hiring.

The majority of hiring at 88% will be for entry level or junior staff positions. (from NAW Smartbrief)

The IT Hiring Index and Skills Report found that 8% of CIOs are planning to add to IT staff, while 6% anticipate cutbacks.

Please
Place
Stamp
Here

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Career Point Center



Pointing Careers
in the
Right Direction

A value added service of

Nash Resources Group, NRG

Interview Training

Career Counseling

Resume Writing

All Services \$50 per Hour



Government & Commercial Professional Staffing

Nash Resources Group takes pride in its unique approach to recruiting and selecting our candidates. NRG's strong commitment to quality assures our clients the finest service in the staffing field.

Contract • Contract-to-Hire • Direct Placement

*Accounting • Banking • Health Care • Industrial • Administrative
Design • Drafting • Human Resources • Legal • Architecture
Engineering • Information Technology • Sales • Marketing
Telecommunications • Government • Legal • Web Development*